











CUMBERLAND COUNTY NUTRITION PROGRAMS



| | |
|----------------------|---|
| Program Name: | Kidstrong |
| Agency/Institution: | Vineland Health Department Vineland Youth Center |
| Address: | 111 North Sixth Street, P.O. Box 1508, Vineland, NJ 08362-1508 |
| County: | Cumberland |
| Phone: | (856) 794-4261 |
| Focus: | To increase knowledge of nutrition for disease prevention. |
| Services: |  |
| Population served: |  |
| Funded by: | State of NJ and external grants |
| Fees & Charges: | None |
| Other information: | - |





| Program Name: | Nutrition Education Classes |
|----------------------|--|
| Agency/Institution: | Vineland Health Department Vineland Youth Center |
| Address: | 111 North Sixth Street, P.O. Box 1508, Vineland, NJ 08362-1508 |
| County: | Cumberland |
| Phone: | (856) 794-4261 |
| Focus: | To increase knowledge of nutrition for disease prevention. |
| Services: |  |
| Population served: |  |
| Funded by: | Vineland Health Department Vineland Youth Center |
| Fees & Charges: | None |
| Other information: | Classes administered 3 times / year by Rutgers Expanded Food and Nutrition Education Program |

| | |
|----------------------|---|
| Program Name: | Nutrition Education and Nutrition Counseling |
| Agency/Institution: | Cumberland County Office on Aging and Disabled |
| Address: | 790 East Commerce Street, Bridgeton, NJ 08302 |
| County: | Cumberland |
| Phone: | (856) 453-2220 |
| Focus: | To offer social opportunity, health & nutrition education and counseling. |
| Services: |     |
| Population served: |   and persons with disabilities |
| Funded by: | Federal and Cumberland Co. |
| Fees & Charges: | Voluntary |
| Other information: | General nutrition information for cancer patients/survivors. |

CUMBERLAND COUNTY

PHYSICAL ACTIVITY PROGRAMS

| | |
|----------------------|---|
| Program Name: | Vineland Youth Center |
| Agency/Institution: | Vineland Health Department |
| Address: | 111 North Sixth Street, P.O. Box 1508, Vineland, NJ 08362-1508 |
| County: | Cumberland |
| Phone: | (856) 794-4261 |
| Focus: | To offer youth in Vineland a safe place to participate in positive and healthy activities. |
| Services: |  |
| Population served: |  |
| Funded by: | State of NJ and external grants |
| Fees & Charges: | None |
| Other information: | Do additional work with parents of children for specific special programs. |

| | |
|----------------------|---|
| Program Name: | Healthy Bones |
| Agency/Institution: | Cumberland County Office on Aging and Disabled |
| Address: | 790 East Commerce Street, Bridgeton, NJ 08302 |
| County: | Cumberland |
| Phone: | (856) 453-2220 |
| Focus: | To extend and enhance mobility and general health. |
| Services: |   |
| Population served: |   |
| Funded by: | Not funded |
| Fees & Charges: | None |
| Other information: | Provides information for cancer patients / survivors. |

| Program Name: | Fitness Classes |
|----------------------|---|
| Agency/Institution: | Holly City Family Center |
| Address: | 8 E. Mulberry St. Millville, NJ 08332 |
| County: | Cumberland |
| Phone: | (856) 293-0609 |
| Focus: | Physical activity and swimming lessons. |
| Services: | 🧠 📅 🦻 🏠 🏊 |
| Population served: | All ages |
| Funded by: | Memberships, City & organization funds its own programs |
| Fees & Charges: | Yes |
| Other information: | |